



TRAIN NEW TRAINERS

# Essentials of Primary Care Addiction Medicine

IN-PERSON CONFERENCE

*Overview of Clinical Skills in Addiction Medicine for  
Primary Care Providers*

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MARCH 21-22, 2025

**UCI** School of Medicine

## Course Description

This two-day conference for primary care and other health providers will integrate recent scientific data with current clinical practice regarding the assessment, diagnosis and treatment of substance use disorders. Topics will also include management of pain-related conditions, collaborative care, and other considerations in order to promote the development of SUD treatment in a primary care setting.

## Target Audience

Primary care physicians and allied health professionals interested in addiction medicine.

## Educational Needs

Primary care providers deliver the most behavioral health care, although many have not been trained to treat addiction. While guidelines for treatment of common substance use disorders within the primary care exist, many providers are uncomfortable implementing them due to perceptions of risk and stigma.

## Syllabus

The syllabus will be available to pre-registered attendees via PDF (WHOVA) prior to the conference to download and print. Hard copies will NOT be available for purchase.



## Learning Objectives

At the conclusion of this activity, the participant should be able to:

- Effectively screen for substance misuse
- Utilize motivational interviewing to assess readiness for change and move patients along the continuum of change behavior
- Identify evidence-based treatments available in primary care settings for substance use disorders including stimulant, opioid, and sedative/hypnotic use disorders.
- Develop/adapt new models of care to integrate substance use treatment into primary care settings
- Understand referral options and how to utilize community recovery supports level of care placement based on American Society of Addiction Medicine Criteria
- Understand the importance of addressing other psychiatric disorders in patients with substance use disorders
- Effectively utilize buprenorphine for chronic pain and opioid use disorder
- Manage common pain conditions with non-opioid therapies





# SPEAKERS (FACULTY)

## COURSE CHAIRS



### **Robert McCarron, DO**

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Founding Director, Train New Trainers Primary Care - Training and Education in Addiction Medicine Fellowship

Robert McCarron, D.O. completed a dual residency in internal medicine and psychiatry at Rush University and received board certification in psychiatry, psychosomatic medicine and internal medicine. While on faculty at the University of California, Davis and Irvine Schools of Medicine, he started the only two California based combined internal medicine / psychiatry residency programs. In these roles, he received grant support to create and implement a “Med Psych” curriculum that can be used in the public mental health system by psychiatry residency training programs. Dr. McCarron served as Director of the only Sacramento County Crisis Stabilization Unit and started the Pain Psychiatry Clinic and Med/Psych Clinic, within the UC Davis Division of Pain Medicine and Internal Medicine, respectively. Dr. McCarron is the Founding Director for the UC Davis Train New Trainers (TNT) Primary Care Psychiatry (PCP) Fellowship, which is a one-year program designed to train primary care providers in the essentials of psychiatry and pediatric behavioral health. Dr. McCarron now serves as Professor, Department of Psychiatry and Behavioral Medicine and Assistant Dean, Continuing Medical Education at the University of California, Irvine School of Medicine. He is also Director of Education for the UCI Susan Samueli Integrative Health Institute. He serves on the ACGME Residency Review Committee for Psychiatry and is Medical Director for Mind OC. Dr. McCarron is a California National Alliance on Mental Illness (NAMI) Board Member.



### **Justine Welsh, MD**

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Co-Associate Director, Train New Trainers Primary Care Training and Education in Addiction Medicine Fellowship

Dr. Welsh is a triple boarded child/adolescent and adult addiction psychiatrist, and an Associate Professor in the Department of Psychiatry and Behavioral Sciences at Emory University School of Medicine. She is the founder and Director of the Emory Healthcare Addiction Services and the Medical Director of the Addiction Alliance of Georgia, a collaboration between Emory University and the Hazelden Betty Ford Foundation. Dr. Welsh’s research has focused on accessing evidence-based treatment for adolescents and young adults with substance use disorders. She has been the recipient of award and grant funding from agencies including NIDA, NIAAA, and AACAP. Her co-edited book, *Treating Adolescent Substance Use: A Clinician’s Guide*, was released in 2019. Dr. Welsh is an active advocate for enhancing access to quality comprehensive treatment for individuals with substance use disorders. She recently served as a board member of the Georgia Department of Behavioral Health and Developmental Disabilities, and currently co-chairs the Public Policy Committee for the American Academy of Addiction Psychiatry. Dr. Welsh also provides expert consultation on reducing addiction-related stigma and enhancing medical education in the CDC’s Division of Overdose Prevention.



## Stephen Delisi, MD

Co-Associate Director, Train New Trainers Primary Care Training and Education in Addiction Medicine Fellowship

Dr. Delisi is board certified by both the American Board of Psychiatry and Neurology and the American Board of Addiction Medicine. Before joining the YourPath team as CMO and President, Dr. Delisi had served as a psychiatrist for the Hazelden Betty Ford Foundation from 2005-2023. During his time with Hazelden, Dr. Delisi most recently served as Medical Director, Enterprise Solutions. Prior to that role, he also served as Medical Director of Professional Education, Assistant Dean of the Hazelden Betty Ford Graduate School of Addiction Studies, and Midwest Regional Medical Director for Recovery Services at Hazelden Betty Ford. Dr. Delisi continues as an Adjunct Faculty member of the Hazelden Betty Ford Graduate School. Prior to joining Hazelden Betty Ford, he held positions as Director of Psychiatric Services at Rush Behavioral Health-DuPage and Associate Director of the Psychiatric Residency Program at Rush University Medical Center. Dr. Delisi is a nationally recognized leader, speaker, and consultant on the use of evidence-based, integrated treatments for co-occurring and substance use disorders, as well as the risk conferred by the epigenetic effects of Adverse Childhood Experiences and trauma.

## TNT PC-TEAM FELLOWSHIP FACULTY

**Elizabeth Salisbury Afshar, MD**, University of Wisconsin

**Sanchit Maruti, MD**, University of Vermont

**Luther Philaya, MD**, Hazelden Betty Ford Foundation

**Elizabeth McCord, MD**, Emory University

**Bryan Shapiro, MD, MPH**, UCI

**Sudheer Potru, MD**, Emory University

**Dustin DeMoss, DO**, JPS Health Network

**Shalini Shah, MD**, UCI

**Dave Marcovitz, MD**, Vanderbilt University

# CONFERENCE SCHEDULE

FRIDAY, MARCH 21, 2025

7:00 a.m.	<b>Breakfast/Registration</b>
7:00-7:55 a.m.	<b>Peer Support Group</b>
8:00-9:15 a.m.	<b>Welcome &amp; Overview of Addiction Medicine (1.25 CME)</b> Justine Welsh, MD & Stephen Delisi, MD
9:15-10:30 a.m.	<b>Approaching the Addiction Medicine Assessment (1.25 CME) - Stephen Delisi, MD</b>
10:30-10:45 a.m.	<b>Break</b>
10:45-12:00 p.m.	<b>Addiction Recovery &amp; Treatment (1.25 CME) - Elizabeth Salisbury-Afshar, MD</b>
12:00-1:00 p.m.	<b>Lunch</b>
1:00-2:00 p.m.	<b>Introduction to Screening- SBIRT (1.0 CME) - Sanchit Maruti, MD</b>
2:00-3:00 p.m.	<b>Practical Applications of Toxicology (1.0 CME) - Dave Marcovitz, MD</b>
3:00-3:15 p.m.	<b>Break</b>
3:15-4:15 p.m.	<b>Medication Complications from SUD (1.0 CME) - Dustin DeMoss, DO</b>
4:15-5:15 p.m.	<b>Stump the Experts Panel – Day 1 Speakers (1.0 CME)</b>
5:30-7:00 p.m.	<b>Attendee Dinner</b>

## SATURDAY, MARCH 22, 2025

6:00- 6:45 a.m.	<b>Rise, Shine, and MOVE</b>
7:00 a.m.	<b>Breakfast</b>
7:00-7:55 a.m.	<b>Peer Support Group</b>
8:00-9:15 a.m.	<b>Medication for Opioid Use Disorder</b> (1.25 CME) – Dustin DeMoss, DO
9:15-10:30 a.m.	<b>Buprenorphine and Chronic Pain</b> (1.25 CME) – Charles De Mesa, DO
10:30-10:45 a.m.	<b>Break</b>
10:45-12:00 p.m.	<b>Breakout Case Discussions: Opioid Use Disorder &amp; Buprenorphine for Pain</b> (1.25 CME)
12:00-1:00 p.m.	<b>Lunch</b>
1:00-2:00 p.m.	<b>Diagnosis and Treatment for Stimulant Use Disorder I</b> (1.0 CME) – Elizabeth McCord, MD
2:00-3:00 p.m.	<b>Stump the Experts Panel</b> (1.0 CME) – Day 2 Speakers
3:00-3:15 p.m.	<b>Break</b>
3:15-4:15 p.m.	<b>Breakout Case Discussions: Stimulant Use Disorder, Stimulants and Opioid Use Disorder</b> (1.0 CME)

► **Total: (14.5 CMEs)**

### CME EVALUATION

Please be sure to complete the Evaluation Survey in order to receive appropriate credit. We will send you an email with the survey at the end of the conference.

## Accreditation

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### Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, Irvine School of Medicine and the California Psychiatric Association. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

### Credit Designation:

The University of California, Irvine School of Medicine designates the live activity for a maximum of 14.5 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

### *AMA PRA Category 1 Credits*<sup>™</sup> can be used by multidisciplinary team members:

**Nurse:** For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits*<sup>™</sup> issued by organizations accredited by the ACCME.

For the purpose of relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits*<sup>™</sup> (report a maximum of 14.5 hours of credit and fill in "CME Category 1" for the provider number).

**Physician Assistant:** The National Commission of Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits*<sup>™</sup> are acceptable for continuing medical education requirements for recertification.

**Psychologists:** You may petition the California Board of Psychology for CE credit for this symposium. Please see [http://www.psychology.ca.gov/licensees/ce\\_reporting\\_form.pdf](http://www.psychology.ca.gov/licensees/ce_reporting_form.pdf) for details.

### MOC Approval Statement:

Through the American Board of Medical Specialties ("ABMS") ongoing commitment to increase access to practice relevant Continuing Certification Activities through the ABMS Continuing Certification Directory, 2024 Train New Trainers Primary Care – Training and Education in Addiction Medicine (PC-TEAM) Fellowship has met the requirements as a Lifelong Learning CME Activity (apply toward general CME requirement) for the following ABMS Member Boards:

ABMS Lifelong Learning CME Activity

- Anesthesiology
- Family Medicine
- Psychiatry and Neurology



### Disclosure

All those in control of content will provide full disclosure information to participants prior to the activity.

### California Assembly Bill 1195 & 241

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, [medschool.uci.edu/cme](http://medschool.uci.edu/cme), for AB 1195 and AB 241 resources.

## Registration Fees:

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**\$495 Physicians**

**\$465 Other Healthcare Professionals**

**\$350 UCI Physicians**

**\$325 UCI Healthcare Professionals**

**\$100 Students, Residents, and Fellows**

► **To register and more info visit**  
[medschool.uci.edu/pc-team](http://medschool.uci.edu/pc-team)

**For any questions**, please contact us at  
[tntpcteamfellowship@hs.uci.edu](mailto:tntpcteamfellowship@hs.uci.edu)